

Western Reserve
Independent Living Center
"Opening Doors to Independence"

4076 Youngstown Rd. SE
Suite 203
Warren, Ohio 44484

September 2022



Phone: 330-372-3325
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Web: www.wrilc.org

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>BE PREPARED September is National Preparedness Month</p>					1	2	3
4	<p>HAPPY LABOR DAY Office Closed</p>	6	7	8	<p>9</p> <p>Goal-Setting Class at 1 p.m. on Zoom, Call for info</p>	<p>10</p> <p>World Suicide Prevention Day</p>	
<p>11</p>	12	13	14	15	16	17	
18	19	<p>20</p>	<p>21</p> <p>Stress & Anxiety peer support group. 11:00 AM See newsletter for info to join</p>	22	<p>23</p> <p>Blind & Visually Impaired Support group 10:30 am See newsletter for info to join</p>	24	
25	26	<p>27</p> <p>Emergency Preparedness Workshop 11:00 am Hybrid & In-person Call for Details</p>	28	<p>29</p> <p>WORLD HEART DAY</p>	30	<p>SEPTEMBER IS SELF-CARE AWARENESS MONTH</p>	

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