



4076 Youngstown Rd. SE
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Warren, Ohio 44484

2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 	2	3	4 	5 	6 Community Living Skills workshop at 1 p.m. on Zoom, see info to join	7	
8	9	10	11	12	13 Community Living Skills workshop at 1 p.m. on Zoom, see info to join	14	
15	16	17	18 Stress & Anxiety peer support group. 11:00 AM Vision Boards See newsletter or call for info	19	20	21	
22	23 	24	25	26	27 Blind & Visually Impaired Support group 10:30 am See newsletter or call to join	28	
29	30  OFFICE CLOSED	31	JOIN US Stress & Anxiety Peer Support Group Virtual meeting info https://us02web.zoom.us/j/9313429948 Meeting ID: 931 342 9948 Phone: +16465588656			MAY IS MENTAL HEALTH MONTH 2022  Mental health is becoming more common in mainstream conversations and it can be an overwhelming topic if you're just starting to explore it. We can help. LEARN MORE AT MHANATIONAL.ORG/MAY	

**Western Reserve Independent Living Center
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