

Western Reserve ILC Emergency Preparedness



Lesson 6

Be Ready

1. Buddy systems (choosing and training one person to assist you in an emergency) are a good tool to use in case of emergencies. However, do not depend on any one person. Always have a backup. Think of how you would contact each other in case of an emergency.
2. The more systems of communication you have available to you, the more likely it is that you will be able to contact other people. How many of these systems do you have? E-mail, internet, pagers, text messaging, standard (landline) phone that does not need electricity, cell phone, low cost two-way radios, portable radios, batteries, etc.
3. Think about what you will need, how you want it done, and what kind of people you want to work with if you have a choice. Be ready to give people who may not know you all the information they need to be able to help you without causing you injury. Be clear, specific and concise with your directions. Think about how much detail is necessary and be ready with additional instructions if necessary.